



ELEMENTARY BIC MENU

OCTOBER 2019

Monday

Tuesday

Wednesday

Thursday

Friday

1

Country Chicken Biscuit

Peach Fruit Cup

Apple Juice

2

Cherry Frudel (V)

Fresh Orange

Craisins

3

Kolache

Applesauce

Orange Juice

4

Cinnamon Roll (V)

Banana

Fruit Cup

7

Strawberry Poptart with Yogurt (V)

Sliced Apples

Craisins

8

Turkey Sausage Sandwich

Pear Fruit Cup

Apple Juice

9

Mini Cinnamon Rolls (V)

Strawberry Cup

Applesauce

10

Egg & Cheese Sandwich (V)

Cinnamon Applesauce

Orange Juice

11

French Toast Sticks (V)

Banana

Raisins

14

No School

15

Sausage Breakfast Pizza

Pear Fruit Cup

Apple Juice

16

Berry French Toast (V)

Strawberry Cup

Watermelon Applesauce

17

Turkey Pancake Wrap

Blue Raspberry Applesauce

Orange Juice

18

Strawberry Splash Pancakes (V)

Banana

Raisins

21

Turkey Sausage Sandwich

Sliced Apples

Craisins

22

French Toast Sticks (V)

Peach Fruit Cup

Apple Juice

23

Country Chicken Biscuit

Fresh Orange

Raisins

24

Kolache

Cinnamon Applesauce

Orange Juice

25

Confetti Pancakes (V)

Banana

Diced Peaches

28

Cinnamon Toast Crunch with Cheese Stick (V)

Sliced Apples

Raisins

29

Egg & Cheese Sandwich (V)

Pear Fruit Cup

Apple Juice

30

Chocolate Crescent (V)

Strawberry Cup

Watermelon Applesauce

31

Sausage Breakfast Pizza

Blue Raspberry Applesauce

Orange Juice

Student Breakfast - \$1.25 *unless eligible for free/reduced meal program

Adult Breakfast - \$1.60

- Fresh fruits and vegetables served daily.
- (V) Denotes vegetarian item
- (P) Denotes pork item
- All meals offered with a choice of fruit and choice of milk (1% white and skim chocolate)

*Menu subject to change

STAY UP TO DATE

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[lisd.nutrislice.com](http://www.lisd.nutrislice.com)

This institution is an equal opportunity provider.

